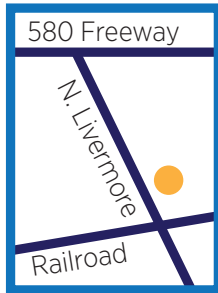


HOPE PROJECT MOBILE CLINIC SCHEDULE

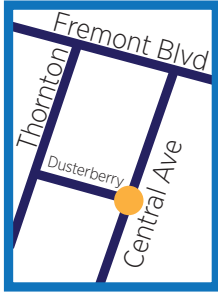
Monday (Livermore)

9 a.m. to 12 p.m.
Vineyard Christian
460 N. Livermore Avenue
Livermore
(showers, clothes,
breakfast, bag lunch)
Wheel Buses: 12, 14, 15



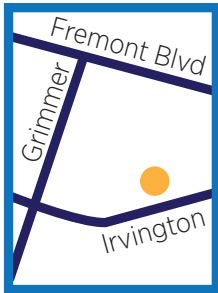
Tuesday (Fremont)

3:30 to 6 p.m.
Centerville Presbyterian
Church
4360 Central Avenue
Fremont
(shower and dinner)
AC Transit Buses: 99, 210



Wednesday (Fremont)

7:30 to 9:30 a.m.
Irvington Presbyterian
Church
4181 Irvington Avenue
Fremont
(breakfast 7-9 a.m.)
AC Transit Buses: 210, 239



HOPE PROJECT MOBILE CLINIC SCHEDULE

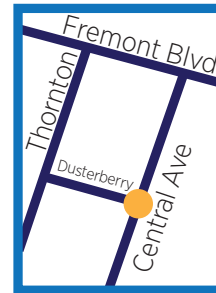
Thursday (Hayward)

9 to 11 a.m.
Templo de la Cruz
(near downtown)
24362 Thomas Avenue
Hayward
AC Transit Buses: 37



Thursday (Fremont)

3:30 to 6 p.m.
Centerville Presbyterian
Church
4360 Central Avenue
Fremont
(shower and dinner)
AC Transit Buses: 99, 210



HOPE Project



Mobile Health Clinic



(510) 290-5948
hopeproject@abodeservices.org

WHAT SERVICES ARE AVAILABLE ON THE HOPE MOBILE CLINIC?

MEDICAL SERVICES

Our Nurse Practitioners and Physician Assistants can help you with:

- Hypertension (blood pressure)
- Diabetes
- Cholesterol
- Asthma
- Cold and flu symptoms
- Infections
- Wound care
- Acute illnesses
- STD/HIV testing
- Birth control
- Pregnancy testing
- Smoking cessation



Medical services are provided by our collaborative partner:



SOCIAL SERVICES

Meet with one of our Outreach and Support Specialists to discuss:

- Applying for benefits — food stamps, GA, SSI, etc.
- Getting into a homeless or DV shelter
- Looking for housing
- Mental health support and referrals
- Drug or alcohol detox/treatment
- Getting documentation — ID, birth certificate, etc.
- Legal referrals and support
- Veterans' services
- Eye and dental appointments
- Veterinary referrals
- Banking and credit issues
- Employment support — résumés, searching, etc.
- Hygiene supplies
- Clothing and sleeping bags

WHO CAN USE HOPE SERVICES?

Because of funding requirements, HOPE clients must be homeless. You are eligible if you live:

- On the streets
- In a vehicle
- In an abandoned building
- Anywhere not meant for habitation
- With domestic violence
- In a shelter

HOPE services are provided free of charge.



Because everyone should have a home.