

## HOPE PROJECT MOBILE CLINIC SCHEDULE

### Monday (Livermore)

**9 a.m. to 12 p.m.**

Vineyard Christian  
460 N. Livermore Avenue  
Livermore  
(showers, clothes,  
breakfast, bag lunch)

**Wheel Buses:** 12, 14, 15

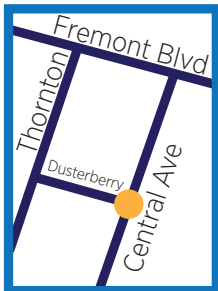


### Tuesday (Fremont)

**3:30 to 6 p.m.**

Centerville Presbyterian  
Church  
4360 Central Avenue  
Fremont  
(shower and dinner)

**AC Transit Buses:** 99, 210

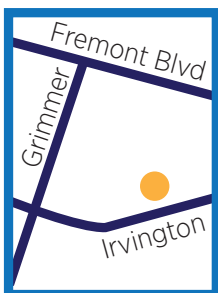


### Wednesday (Fremont)

**7:30 to 9:30 a.m.**

Irvington Presbyterian  
Church  
4181 Irvington Avenue  
Fremont  
(breakfast 7-9 a.m.)

**AC Transit Buses:** 210, 239



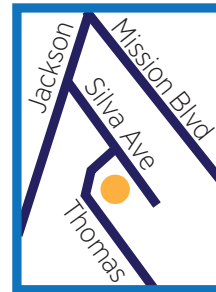
## HOPE PROJECT MOBILE CLINIC SCHEDULE

### Thursday (Hayward)

**9 to 11 a.m.**

Templo de la Cruz  
(near downtown)  
24362 Thomas Avenue  
Hayward  
(a hot breakfast is  
served at 8 a.m.)

**AC Transit Buses:** 37, 22, 86

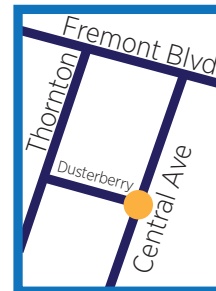


### Thursday (Fremont)

**3:30 to 6 p.m.**

Centerville Presbyterian  
Church  
4360 Central Avenue  
Fremont  
(shower and dinner)

**AC Transit Buses:** 99, 210



# HOPE Project



# Mobile Health Clinic

*This new schedule is effective July 1, 2014.*



**(510) 366-3633**  
**hopeproject@abodeservices.org**

## WHAT SERVICES ARE AVAILABLE ON THE HOPE MOBILE CLINIC?

### MEDICAL SERVICES

Our Nurse Practitioners and Physician Assistants can help you with:

- Hypertension (blood pressure)
- Diabetes
- Cholesterol
- Asthma
- Cold and flu symptoms
- Infections
- Wound care
- Acute illnesses
- STD/HIV testing
- Birth control
- Pregnancy testing
- Smoking cessation



Medical services are provided by our collaborative partner:



### SOCIAL SERVICES

Meet with one of our Outreach and Support Specialists to discuss:

- Applying for benefits — food stamps, GA, SSI, etc.
- Getting into a homeless or DV shelter
- Looking for housing
- Mental health support and referrals
- Drug or alcohol detox/treatment
- Getting documentation — ID, birth certificate, etc.
- Legal referrals and support
- Veterans' services
- Eye and dental appointments
- Veterinary referrals
- Banking and credit issues
- Employment support — résumés, searching, etc.
- Hygiene supplies
- Clothing and sleeping bags

## WHO CAN USE HOPE SERVICES?

Because of funding requirements, HOPE clients must be homeless. You are eligible if you live:

- On the streets
- In a vehicle
- In an abandoned building
- Anywhere not meant for habitation
- With domestic violence
- In a shelter

HOPE services are provided free of charge.

### OFFICE HOURS AND LOCATION

Program staff, computers, and phones are available at the HOPE offices:

Monday, Wednesday, and Thursday  
10 a.m. to 1 p.m.  
3607 Main Street, Suite A, Fremont